

MARGARETVILLE MEMORIAL HOSPITAL

COMMUNITY HEALTH NEEDS ASSESSMENT 2019 - 2021

Margaretville Memorial Hospital
42084 NY-28 Margaretville, NY 12455

TABLE OF CONTENTS

1. Executive Summary	Page 3
2. Hospital Description, Mission, & Vision	Page 4
3. Facility Service Area & Description of Community	Page 5
4. CHNA Methodology and Community Input	Page 10
5. Identified Community Health Needs	Page 11
6. Community Resources	Page 12
7. Evaluation of Impact From Previous CHNA.....	Page 13
8. Implementation Plan	Page 18

1. Executive Summary

Every three years, the New York State Department of Health requires Local Health Departments and hospitals to submit Community Health Improvement Plan (CHIP) and hospitals to submit Community Service Plans (CSP) which require a thorough Community Health Assessment (CHA) to be completed. In addition, the IRS requires all non-profit hospitals to conduct a Community Health Needs Assessment (CHNA) every three years and to adopt an implementation strategy to meet the identified community health needs. In its totality, these assessments and subsequent action plans are meant to meet the requirements of both New York State public health law and the Affordable Care Act.

In recent years, the New York State Department of Health has encouraged local hospitals and health departments to collaborate in the creation of joint CHIP/CSP documents in order to better serve their communities. The process was a collaborative effort between Margaretville Memorial Hospital (MMH) which is a part of the Health Alliance of the Hudson Valley and a member of the Westchester Medical Center Health Network; Delaware Valley Hospital (DVH), an affiliate of United Health Services (UHS) system; O'Connor Hospital (OCH), of the Bassett Healthcare Network; the Delaware County Public Health Department (DVPH) and the Southern Tier Population Health Improvement Program (PHIP) to create Delaware County's Community Health Needs Assessment. Representatives from the partner organizations met in fall of 2018 to begin discussing the next full Delaware County Community Health Assessment, Community Health Improvement Plan, and the hospital Community Service Plans, and set up a monthly meeting schedule to continue until submission of the full document in December 2019.

A review and update of data in the Community Health Assessment was completed in October 2019, using county, regional, and New York State secondary data sources including Behavioral Risk Factor Surveillance System, census data, and local data sources including the Delaware County Public Health Annual Report, the Delaware County Office for the Aging's Annual Assessment and Report, and the Delaware County Community Services Annual Assessment and Plan.

2. Hospital Description, Mission, & Vision

Margaretville Memorial Hospital (Margaretville Hospital), an affiliate of HealthAlliance of the Hudson Valley (HealthAlliance), a member of Westchester Medical Center Health Network

Margaretville Memorial Hospital (Margaretville Hospital), an affiliate of HealthAlliance of the Hudson Valley (HealthAlliance), a member of the Westchester Medical Center Health Network (WMC Health) is a rural Critical Access Hospital whose mission is to provide immediate access to high quality medical care and diagnostic testing services to medically underserved areas in the Catskill Mountains. Margaretville Hospital provides linkages to high tech and specialty medical care through an active relationship with HealthAlliance and WMC Health.

Margaretville Hospital is the Delaware County affiliate of HealthAlliance, a multi-campus health care system consisting of HealthAlliance Hospital's Mary's Ave. and Broadway campuses in Kingston, NY, and Margaretville Hospital, which is co-located on a single campus in Margaretville, NY (Delaware County), with the Mountainside Residential Care Center, a skilled nursing facility.

About Westchester Medical Center Health Network

The Westchester Medical Center Health Network (WMCHealth) is a 1,700-bed health care system headquartered in Valhalla, New York, with 10 hospitals on eight campuses spanning 6,200 square miles of the Hudson Valley. WMCHealth employs more than 12,000 people and has nearly 3,000 attending physicians. From Level 1, Level 2 and Pediatric Trauma Centers, the region's only acute care children's hospital, an academic medical center, several community hospitals, dozens of specialized institutes and centers, skilled nursing, assisted living facilities, home care services and one of the largest mental health systems in New York State, today WMCHealth is the preeminent provider of integrated healthcare in the Hudson Valley.

3. Facility Service Area & Description of Community

HealthAlliance defines its primary service area by a federal definition that consists of the top 75% of hospital discharges from the lowest number of contiguous zip codes. Margaretville hospital serves the communities of Margaretville, Arkville, Andes, Fleischmanns, Roxbury, Halcott Center,

Halcottsville, and New Kingston. Due to the geographical location of acute care hospitals affiliated with HealthAlliance, there are two distinct primary services areas within Ulster and Delaware Counties, though not encompassing all of each county. For operational and community needs development, HealthAlliance regards these two service areas as a single primary service area with the predominant population in Ulster County. However, for the purposes of this document, which will align with the Delaware County Community Health Assessment and the Community Health Improvement Plan, we will present the information pertaining to the Margaretville Hospital service area, located in Delaware County and described in the beginning of this section.

Counties with Lowest Population Density in New York State, 2016

Geographic Area	Population Density*	Rank
Hamilton County	2.64	1
Lewis County	21.08	2
Essex County	21.24	3
Franklin County	30.94	4
Delaware County	31.56	5
Schoharie County	50.36	6
New York State	418.99	--

Other community health services and resources available in Delaware County include 23 ambulance services, mostly consisting of volunteer membership. In addition to Margaretville Hospital, there are three other hospitals, operated by two other healthcare systems: Delaware Valley Hospital affiliated with United Health Services, as well as O’Connor Hospital affiliated with the Bassett Healthcare Network. Additionally, there are three nursing homes in the county, 15 primary care offices including health centers and private physician offices, 15 locations and 9 full-time equivalent dentists, and two mental health clinics with multiple locations within the county.

Delaware County covers 1,442 square miles in upstate New York, belonging to both the Southern Tier region and the Catskill Mountain range. Delaware County is the fourth largest county in New York by area and is the sixth most rural with a population density of 33 persons per square mile.

The county includes the Catskill/Delaware Watershed, which is the largest unfiltered drinking water supply in the United States. The watershed region encompasses the central and eastern sections of Delaware County and includes roughly 65% of the county’s land area and 11 of its 19 townships. Approximately 55% of Delaware County’s population lies within the Watershed.

Based on the 2010 Census, the population of Delaware County is 47,840, 50.2% male and 49.8% female. In 2013, the population decreased to 46,772, representing a 2.3% reduction in population (Table 1). At the time of the 2010 Census, 9,405 people were less than 18 (19.6%), 38,575 were 18 and over (80.4%) and 9,331, were 65 and over (19.4%). It is estimated that 46.5% of the total population is 45 years of age or older.

Geographic Area	2010	2013	Percent Change 2010-2013
Delaware County	47,840	46,772	- 2.3%
New York State	19,378,102	19,795,791	+2.15%

A majority of Delaware County residents over the age of 15 are married (72.5%), followed by never married (42%); separated (2.8%), widowed (2%), and divorced (1.8%) make up a smaller portion of the population. Delaware County’s population is 95% White, 2.1% Black or African-American, 0.4% American Indian/Eskimo, 0.10% Asian, and 4% of Hispanic Origin (U.S. Census Bureau Population Estimates July 2018).

In 2018, the median family income in Delaware County, \$44,617, is less than New York State’s at \$58,687. According to the NYS Poverty Report released in March 2015, the population below the poverty line was 16.4%, higher than the rate of 15.9% for New York. Notably, the percentage of children living below the poverty line has increased between 2000 and 2013 from 18% to 22%. The communities of Davenport (33.8%) and Walton (35.1%) have the highest rates of child poverty in Delaware County (U.S. Census Bureau, 2009-2013 American Community Survey).

Based on the NYS Department of Health Behavioral Health Survey from 2013-2014, 83.9% of the population has healthcare coverage compared to 88.7% in the Southern Tier and 84.7% in the Mohawk Valley region, with only 62.2% of Delaware County adults aged 18-64 visiting a doctor

for a routine checkup. Accordingly, 8.7% of residents reported not receiving medical care in the past year because of cost, compared to 10.0% in the Southern Tier, 12.2% in the Mohawk Valley region, and 13.1% in New York State.

4. CHNA Methodology and Community Input

The Community Service Plan has taken into account input from persons who represent the broad interests of the community served by Margaretville Hospital. Through collaboration with Delaware County Public Health, the other hospitals representing Delaware County, and the Southern Tier Population Health Improvement Program, Margaretville Hospital aligned together to address two Prevention Agenda priorities. The primary proactive means for receiving community input was through the Regional Assessment conducted by the Southern Tier Population Health Improvement Program (PHIP). In the Southern Tier, PHIP covers five counties including Delaware County. In order to inform the direction of the Southern Tier PHIP, also known as Health Action Priorities Network (HAPN), the team conducted a regional health assessment utilizing stakeholder interviews and consumer focus groups. The information from this assessment that specifically refers to Delaware County was utilized to direct the selection of the public health priorities for Margaretville Hospital.

From June 2018 through January 2019, structured interviews in Delaware County were conducted with professionals working in diverse fields such as health care, education, transportation, economic development, mental health, law enforcement and elected officials, among others. The interview questions, 10 key questions and five secondary questions centered on health disparities, key barriers to addressing them, and gaps in service provision.

Consumers' input was sought through focus groups which were conducted from January through March of 2019. Population Health Coordinators met with pre-existing groups including support groups, service clubs, parent groups and senior meals. HAPN/PHIP Southern Tier conducted focus groups in Delaware County. They were asked about their experiences with health and health care delivery. Responses from the focus groups were collected by note-takers and summarized qualitatively by the Population Health Coordinators.

In addition, Margaretville Hospital is an active participant in Delaware County's Community Health Improvement Plan process. This process included input and suggestions from Delaware County Public Health, Delaware Valley Hospital, Margaretville Hospital, O'Connor Hospital, and the Southern Tier PHIP.

For the purposes of aligning the county's collective resources to move towards achieving the NYS Prevention Agenda's goals, the chosen Priority Areas for Delaware County are:

1. Prevent Chronic Disease
2. Promote Well-Being and Prevent Mental and Substance Use Disorders

5. Identified Community Health Needs

Following the public participation and input period, the health priorities were chosen based upon the application of the following five criteria:

1. The priority area was identified by at least two of three of the primary information sources: Margaretville Hospital Community Service Plan and Delaware County's Community Health Assessments.
2. The priority area was consistent with the current NYS Department of Health Prevention Agenda Areas;
3. The priority area was supported by data showing health status indicators or health needs were either below the averages for New York State or for the Margaretville service area based on the Delaware County Community Health Improvement Plan.
4. The degree of aberration from National Healthy People 2020 goals and / or from NYS Prevention Agenda objectives; and
5. The priority area was identified/ recommended during the public input process.

Margaretville Hospital involved key members of the Hospital Team in the assessment and selection of its health priorities. After identification of the criteria for priority selection, a work group was convened by the Delaware County Public Health Department which included Margaretville Hospital affiliated with Health Alliance of the Hudson Valley and Westchester

Medical Center Health, Delaware Valley Hospital affiliated with United Health Services, Bassett Healthcare Network O'Connor Hospital, as well as the Southern Tier PHIP. Through this work group, the data from the community engagement sessions, as well as the hospital and county health department community health assessments, were aligned with the priorities outlined by the NYS 2019-2024 Prevention Agenda.

Additionally, the rationale for choice of priorities was based on available resources and capacity to address the priority. Opportunity for development of collaborative interventions by Margaretville Hospital, the Delaware County Public Health Department and other community partners, was also considered.

Through the collaboration described above with county public health and community-based organizations, Margaretville Hospital aligned together to select two Prevention Agenda Priorities.

- a. Prevent Chronic Disease
- b. Promote Mental Health and Prevent Substance Abuse

Both of the Community Health Needs Assessment (CHNA) 2019 priorities are from the NYS Prevention Agenda 2019-2024. Margaretville Hospital participated in a workgroup consisting of the three local health systems and the county Public Health department to identify focus areas, and objectives for each of the Agenda Priorities jointly identified by the hospital and collaborators.

6. Community Resources

Given the size and rurality of Delaware County, community agencies, governmental bodies, and businesses work together to create a healthier community. In order to achieve these goals, many work groups, task forces, and coalitions meet on regular basis. Representatives from Delaware County Public Health and each of the three hospitals in Delaware County regularly attend and participate in many of these groups.

The list on the following pages catalogs the groups that meet on a regular basis, the lead agency, and which of the hospitals and/or Public Health attend. In order to solicit additional input for the Community Health Assessment, representatives that attended meetings between the months of January and June, 2019 shared that the assessment was underway and that any community agency or community member who wished to provide suggestions for the Community Health Assessment was encouraged to do so. Through this methodology, the Community Health Assessment team was able to reach a majority of the agencies operating within Delaware County.

Delaware County Coalitions, Task Forces, and Work Groups

Name	Lead Agency	Participation
Rural Health Care Alliance of Delaware County	Cornell Cooperative Extension Delaware County	DCPH, DVH, MMH, OCH
ACES Committee	Cornell Cooperative Extension Delaware County	OCH, DVH, DCPH
Workforce Development Committee	Cornell Cooperative Extension Delaware County	OCH, DVH
Delaware County Long Term Care Council	DC Office For Aging	DCPH, DVH, OCH
Suicide Prevention Network of Delaware County	DCPH	DCPH, OCH
Delaware County Breastfeeding Coalition	DCPH	DCPH
Action for Older Persons Committee	Action for Older Persons (AOP)	OCH
Mobility Management of South Central NY Transportation	Rural Health Network of SCNY	OCH
Office for the Aging Advisory Board	DC Office For Aging	DCPH
Health Services Advisory Board	DCPH	DCPH, MMH
Community Health Services Board (Mental Health)	DC Community Health Services	DCPH, DVH, MMH, OCH
Substance Abuse Committee	DC Community Health Services	DCPH, DVH
Substance Use Prevention Task Force	DCPH	DCPH, OCH, MMH
Prevention and Education Subcommittee	DCPH	DCPH
Data Subcommittee	DCPH	DCPH, OCH, MMH
Treatment Subcommittee	DCPH	DCPH, OCH, MMH
Response Subcommittee	DCPH	DCPH
Care Compass Network PPS	Care Compass Network	DCPH, DVH
East Regional Performing Unit	Care Compass Network	DCPH, DVH
Leatherstocking Collaborative Health Partners PPS	Leatherstocking Collaborative Health Partners	DCPH, OCH, TRH
Withdrawal Management	Leatherstocking Collaborative Health Partners	DVH
WIC Advisory Board/Head Start Advisory Board	DCPH	DCPH
Mothers and Babies Perinatal Network	Mothers and Babies Perinatal Network	DCPH
Delaware County BNICER Committee	DCPH	DCPH, DVH, OCH
Rural Adult Immunization Coalition Delaware County BNICER Committee	Rotates – 17 County Coalition	DCPH
Rural Adult Immunization Coalition	Rotates – 17 County Coalition	DCPH
American Legion – Delhi	American Legion	OCH
Bassett Research Institute	Bassett Healthcare Network	OCH
Healthy Heart Screening	Bassett Healthcare Network	OCH
Fall Risk Assessment	Bassett Healthcare Network	OCH
Creating Healthy School and Communities	Bassett Healthcare Network/ SUNY Cobleskill	OCH
Complete Streets	O'Connor Hospital	OCH, DCPH
Regional Trauma Advisory Committee	Lifestar Regional Trauma System	OCH
Margaretville Hospital Wellness Committee	Margaretville Memorial Hospital	MMH
Westchester Medical Center Psychiatry and Psychology	Westchester Medical Center	MMH
Walton Central School Community Committee	Walton Central School District	DVH
Local Early Intervention Coordinating Council (LEICC)	DCPH	DCPH
County Early Intervention and Preschool Administrators Committee (CEIPAC)	Rotates – 17 County Coalition	DCPH
Capital District Region Hospital Emergency Preparedness Coalition	NYS Department of Health	DCPH, OCH, DVH

Rural Health Network of South Central New York (RHNSCNY) Board of Directors	RHNSCNY	DCPH
Catskills Addiction Coalition	Catskills Addiction Coalition	DCPH
Delaware County Transportation Committee	Delaware Opportunities	DCPH
Rural Telehealth Consortium	Decker School of Nursing	DVH
Southern Tier Regional Planning Consortium	NYS OMH	DVH
External Advisory Committee	SUNY Delhi School of Nursing	DVH
Telehealth Workgroup	HANYS	DVH

DCPH = Delaware County Public Health
Margaretville Memorial Hospital

DVH = UHS Delaware Valley Hospital
OCH= Bassett Health Network O'Connor Hospital

MMH = Health Alliance of the Hudson Valley's

7. Evaluation of Impact from Previous CHNA

Margaretville Memorial Hospital's 2016 -2018 had the following impact in Delaware County:

2016 Achievements/Update

This has been a year of much change for HealthAlliance and Margaretville Hospital. On March 30, 2016, Westchester County Health Care Corp. became the sole corporate member of HealthAlliance. This adoption has the potential to significantly increase resources – particularly in terms of mental health resources that can be brought to the community. On May 19, 2016, Margaretville Hospital hired a new executive director, Mark Pohar. Mr. Pohar works with the community health coordinator and the Margaretville Hospital Wellness Committee to gain agreement with regard to the plans for the 2016-2018 Community Service Plan.

The Margaretville Hospital executive director and the community health coordinator met several times between July and October 2016 to plan for the 2016-2018 Community Service Plan contributions of Margaretville Hospital and HealthAlliance. Health fair prevention efforts took place on October 7, 2016, and included flu shots, fasting blood sugars, respiratory assessments, bone density testing and community introductions to telemedicine. Also in October 2016, the following activities took place to contribute to the impact of the previous Community Service Plan:

- The Margaretville Hospital executive director initiated meetings with the school administration of Margaretville School District to discuss the availability of mental health services in the community.
- A new psychologist was hired, and began November 1, 2016. This person will work with the Margaretville Hospital community based on referrals from local school districts and the community.

- The release of a public announcement, alerting the community to a new telemedicine program which links Margaretville Hospital to Westchester Medical Center Health Network to bring psychiatric services to the community.

Additionally, Margaretville Hospital's mobile van conducted community outreach at the following community events:

- Spring on Main Street: 5/14/2016
- Fleischmann's Memorial Day Street Fair: 5/28/2016
- Margaretville Auxiliary Antique Flea Market: 8/6/2016
- Kansas City Society Barbeque
- Contest/Fleischmann: 8/27/2016
- Cauliflower Festival: 9/24 /2016

2017 Update

Goal #1.1: Create community environments that promote and support healthy food and beverage choices and physical activity. We have started to introduce healthy snacks in the vending machines at Margaretville Hospital and Mountainside Residential Care Center. We will continue to introduce more health foods this quarter.

Goal 2: Expand the role of public and private employers in obesity prevention. 51% of employees at HealthAlliance's Delaware County facilities engaged in this initiative. This initiative involves a systems change approach to employee health. We are using a Health Risk Assessment (HRA) called a Personal Health Assessment (PHA) (reference of evidence-base taken from CDC Healthier Worksite Initiative). Capital District Physicians Health Program (CDPHP) provides the software to our employees to collect data on healthy behaviors they have completed. Employees who carry health insurance through CDPHP from HealthAlliance get a \$15 deduction each pay period on their health insurance premiums for engaging in three healthy behaviors, which includes completing a Personal Health Assessment. The financial incentive encourages employees to know their weight and heart disease risk numbers and see their healthcare provider for a regular checkup.

Priority Area 4: Promote Mental Health and Prevent Substance Abuse

Focus Area 3: Strengthen infrastructure across systems.

Goal 1: Strengthen infrastructure for MEB health promotion and MEB disorder prevention.

Outcome Objective: Enhance telemedicine and referral systems to build infrastructure of psychiatric services. In general, the program is going very well. Psychiatric help is now accessible to students in an underserved county. We currently offer services in four Delaware County school districts. Two grants provide funding to bring mental health services to the community and for behavioral health and psychological health. The psychiatrist was the missing component, but is now available through telemedicine technology.

Four schools (Margaretville, Andes, Roxbury and Downsville School Districts) are streamlining students into the program. The schools' guidance counselors are a source of referrals to behavioral health professionals. A clinical psychologist works in Margaretville/Roxbury schools with a Licensed Clinical Social Worker (LCSW). A second LCSW has been hired and on boarded. TeleHealth equipment has also been introduced in another school Downsville. We continue to assess children in the four school systems (Margaretville, Andes, Roxbury, Downsville). Those students who need further evaluation have the opportunity to see a psychiatrist remotely through Tele-Health telemedicine.

Total Visits

Scheduled 404 Seen 346 (86%)

Cancelled 42 (10%)

No Show 16 (4%)

Face-to-face visits (with social worker or psychologist) Scheduled 364 Seen 309 (85%)

Cancelled 39 (11%)

No Show 16 (4%)

Telepsychiatry visits (with psychiatrist)

Scheduled 40 Seen 37 (93%)

Cancelled 3 (7%)

No Show 0 (0%)

MARGARETVILLE MEMORIAL HOSPITAL 2019 - 2021 COMMUNITY HEALTH NEEDS ASSESSMENT IMPLEMENTATION PLAN					
NYS PREVENTION AGENDA PRIORITY AREA: PREVENT CHRONIC DISEASES					
FOCUS AREA 1: Healthy Eating and Food Security					
PREVENTION AGENDA GOAL 1.3 - Increase food security OBJECTIVE: 1.13 - Increase the % of adults with perceived food security by 12/2021 EVIDENCE BASED INTERVENTION: 1.0.6 - Screen for food insecurity, facilitate, and actively support referrals DISPARITY ADDRESSED: Rural low income youth and adults					
Activities	Timeframe	Evaluation Measures	Internal Staff and Resources	Community Implementation Partners	Intended Outcome/Product/Result
Develop a sustainable leadership approved hospital based food security/ food pantry program.	January 2020 - December 2020	Identified clear process of screenings and referrals Number of screenings and referrals	Dietician, Dietary Manager	Community Based Organizations	Identify and create formal internal process for reducing food insecurity from our patients
Screen 100% of Acute care, swing bed and observation patients for food insecurity. Refer patient to public health nutrition programs such as WIC, SNAP, CACFP, or local food emergency services.	January 2021 - December 2021	Number of screenings for food security Number of referrals to supportive services	Administration, Dietician, Patient Advocate	Ulster County Health & Mental Health Department	Increased awareness about food security Increased number of food insecure residents connected to resources

MARGARETVILLE HOSPITAL 2019 - 2021 COMMUNITY HEALTH NEEDS ASSESSMENT IMPLEMENTATION PLAN					
NYS PREVENTION AGENDA PRIORITY AREA: PREVENT CHRONIC DISEASES					
FOCUS AREA 3: Tobacco Prevention					
PREVENTION AGENDA GOAL 3.2 - Promote tobacco use cessation OBJECTIVE: 3.2.1 - increase the % of smokers who received assistance from a healthcare provider to quit smoking by 13.1% from 53.1% to 60.1% by 12/2021 EVIDENCE BASED INTERVENTION: 3.2.2 - Use health communications and media opportunities to promote the treatment of tobacco dependence by targeting smokers with emotional evocative and graphic messages to encourage evidence-based quit attempts, to increase awareness of available cessation benefits. DISPARITY ADDRESSED: Rural low income youth and adults					
Activities	Timeframe	Evaluation Measures	Internal Staff and Resources	Community Implementation Partners	Intended Outcome/Product/Result
Use social media and target communication methods to educate the community, internal & external, about tobacco cessation	November 2019 - December 2020	Identified clear process of screenings and referrals Number of screenings and referrals	Administration, Marketing,	Community Based Organizations	Increase awareness of tobacco cessation
Target employees with emotional and evocative messages and stories using email, staff bulletin, and electronic message boards.	January 2021 - December 2021	Number of yearly posts on intranet and internal bulletin boards	Administration, Marketing, Employee Health	Tobacco Free Action Coalition	Decrease the number of employees who smoke by utilizing assistance from our healthcare provider Increase awareness of tobacco cessation

MARGARETVILLE HOSPITAL 2019 – 2021 COMMUNITY HEALTH NEEDS ASSESSMENT IMPLEMENTATION PLAN					
NYS PREVENTION AGENDA PRIORITY AREA: PREVENT CHRONIC DISEASES					
FOCUS AREA 4: Preventive care and management					
PREVENTION AGENDA GOAL 4.4 – In the community setting, improve self-management skills for individuals with chronic diseases, including asthma, arthritis, cardiovascular disease, diabetes and prediabetes and obesity					
OBJECTIVE: 4.4.1 – Increase the percentage of adults with chronic conditions who have taken a course or class to learn how to manage their condition					
EVIDENCE BASED INTERVENTION: 4.4.2 – Expand access to evidence based self-management intervention for individuals with chronic disease					
DISPARITY ADDRESSED: Rural low income youth and adults					
Activities	Timeframe	Evaluation Measures	Internal Staff and Resources	Community Implementation Partners	Intended Outcome/Product/Result
Lead a number of chronic disease classes (diabetes) per year – 2 per year	January 2020 – December 2021	Number of sessions held every year Number of attendees at every session	Dietary Manager, Marketing, Community Engagement	Community Based Organizations	Increase awareness on self-management skills within the community

MARGARETVILLE HOSPITAL 2019 – 2021 COMMUNITY HEALTH NEEDS ASSESSMENT IMPLEMENTATION PLAN					
NYS PREVENTION AGENDA PRIORITY AREA: PROMOTE WELL-BEING AND PREVENT MENTAL AND SUBSTANCE USE DISORDER					
FOCUS AREA 2: Prevent Mental and Substance Use Disorders Prevention					
PREVENTION AGENDA GOAL 2.2 – Prevent opioid and other substance misuse and deaths					
OBJECTIVE: 2.2.4 – Reduce all E.D. visits (including outpatient and admitted patients) involving one opioid overdose.					
EVIDENCE BASED INTERVENTION: 2.2.4 – Build support systems to care for opioid users or at risk of an overdose					
DISPARITY ADDRESSED: Rural adults					
Activities	Timeframe	Evaluation Measures	Internal Staff and Resources	Community Implementation Partners	Intended Outcome/Product/Result
Actively participate in the Delaware County Communities Opioid Task Force for collaboration to reduce opioid overdoses	November 2019 – December 2021	Number of overdoses reported in the emergency department	Catskills Addiction Coalition, Emergency Department	Delaware County Health Department, Delaware County Opioid Task Force, Community Based Organizations	Elimination of overdose visits to the emergency department Increase awareness and reduce stigma

MARGARETVILLE HOSPITAL 2019 – 2021 COMMUNITY HEALTH NEEDS ASSESSMENT IMPLEMENTATION PLAN					
NYS PREVENTION AGENDA PRIORITY AREA: PROMOTE WELL-BEING AND PREVENT MENTAL AND SUBSTANCE USE DISORDER					
FOCUS AREA 2: Prevent Mental and Substance Use Disorders Prevention					
PREVENTION AGENDA GOAL 2.3 – Prevent and address adverse childhood experiences (ACES)					
OBJECTIVE: 2.3.3 – Increase communities reached by opportunities to build resilience by at least 10 percent					
EVIDENCE BASED INTERVENTION: 2.3.3 – Grow resilient communities through education, engagement, activation/mobilization and celebration					
DISPARITY ADDRESSED: Rural adults					
Activities	Timeframe	Evaluation Measures	Internal Staff and Resources	Community Implementation Partners	Intended Outcome/Product/Result
Identify organizations in Delaware County that would benefit from the Youth Mental Health First Aid (YMHFA) Program	November 2019 – December 2019	List of appropriate individuals and organizations worth taking the YMHFA Program with contact information	Community Engagement, Administration	Community Based Organizations, Law Enforcement, School Districts, Colleges/Universities	Comprehensive list of partners
Administer trainings to several organizations per year starting in 2020	January 2020 – December 2021	Number of organizations who participated in training Number of people who participated in training and made referrals	Community Engagement, Administration	Community Based Organizations, Law Enforcement, School Districts, Colleges/Universities, Community partners, Catskills Addiction Coalition, Friends of Recovery Delaware and Otsego counties	Increase awareness on youth mental health and the referral process

MARGARETVILLE HOSPITAL 2019 - 2021 COMMUNITY HEALTH NEEDS ASSESSMENT IMPLEMENTATION PLAN					
NYS PREVENTION AGENDA PRIORITY AREA: PROMOTE WELL-BEING AND PREVENT MENTAL AND SUBSTANCE USE DISORDER					
FOCUS AREA 2: Prevent Mental and Substance Use Disorders Prevention					
PREVENTION AGENDA: GOAL 2.5 - Prevent suicides OBJECTIVE: 2.5.2 - Reduce the age adjusted suicide mortality rate by 10% to 7 per 100,000 EVIDENCE BASED INTERVENTION: 2.5.4 - Build support systems to care for opioid users or at risk of an overdose DISPARITY ADDRESSED: People risk of suicide					
Activities	Timeframe	Evaluation Measures	Internal Staff and Resources	Community Implementation Partners	Intended Outcome/Product/Result
Actively participate in the Delaware County Communities Opioid Task Force for collaboration to reduce opioid overdoses	November 2019 - December 2021	Number of employees and community	Catskills Addiction Coalition, Emergency Department	Delaware County Health Department, Delaware County Opioid Task Force, Community Based Organizations	Elimination of overdose visits to the emergency department Increase awareness and reduce stigma

Approved by the Margaretville Memorial Hospital Board on November 7, 2019